

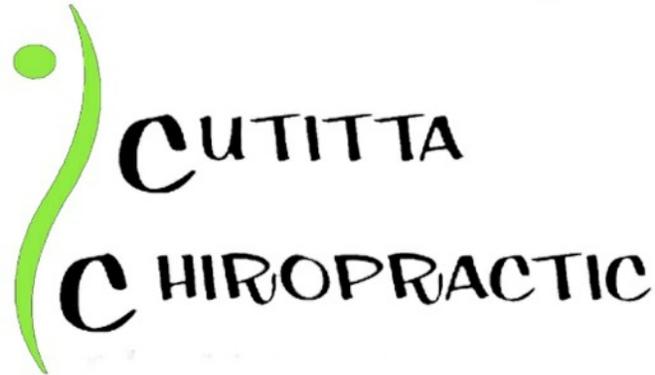
Living with
Dizziness, tingling or
numbness??
Let us know!

1 Free Chiropractic Consultation
1 Free Report of Findings
And when you come in for those visits get
1 FREE 30 Minute Massage!

New patients only. This certificate may be used for bodyworks sampler only and is not redeemable for cash. All Medicare Rules apply.

Complimentary consultation is for a pre-acceptance interview only, and does not cover any chiropractic services or procedures. Free Massage gift card will be issued on the Report of Findings visit and will be valid for 1 year following your report off findings. Cutitta Chiropractic reserves the right to change the contents or expiration date of this promotion at any time without notice. Transferable with recipients permission only.

Contact the office today to
make your appointment!
See inside for savings!



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How we help:
Dizziness, Tingling
& Numbness



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Spotlight on Dizziness:

- ▶ Dizziness is a term that can cover a variety of symptoms
- ▶ Just like there are a number of symptoms, there are a number of causes
- ▶ While many people believe dizziness is related entirely to the inner ear, it is actually a whole-body symptom - meaning it can arise from a number of conditions anywhere within your body.

The 4 types of dizziness:

- ▶ Lightheadedness – feeling “not right in the head”
- ▶ Presyncope – feeling faint
- ▶ Disequilibrium – feeling off balance, pulled to one side, or as though you could fall down easily
- ▶ Vertigo – feeling as though the world is spinning around you, whether in short acute attacks, or as a continual low level feeling

What are the main advantages of Chiropractic care for Dizziness?

The most common condition which causes vertigo is Benign Paroxysmal Position Vertigo (BPPV). It frequently goes undiagnosed, and is treated symptomatically with drugs – these drugs are typically sedatives which can make you feel tired and impact your ability to drive and operate machinery. With a firm diagnosis, we can treat the underlying causes of your vertigo, rather than just the symptoms. These treatments will leave you feeling stress and fatigue free.

Spotlight on Tingling & Numbness:

- ▶ Tingling and numbness can take many forms - from an occasional “pins and needles” feeling to a chronic, regular numbness that won’t go away.
- ▶ Numbness and tingling in the hands are often misdiagnosed as carpal tunnel syndrome.

What causes tingling and numbness?

If you look at the anatomy of our arms and legs, you’ll see that the nerves and blood vessels travel from quite a ways away in the body. If you think of the nerves and blood supplying your hands and legs as a river, your spine would be the reservoir.

Normally a river would run smoothly from the reservoir into the surrounding areas.

In a healthy body, your nervous signals and blood flow smoothly from your spinal column into your hands and feet. A pinched nerve or restricted blood supply dulls the signal your fingers and toes are getting - like a tree falling across a river - and can cause numbness along the way.

How can chiropractic care help?

- ▶ There are many locations in the body where restrictions can occur
- ▶ A chiropractic exam will specifically look at these potential restriction sites and identify exactly where the symptoms are coming from.
- ▶ Once the location of the restriction is determined, the chiropractor can use adjustments and other treatments to remove the obstruction or pressure on the nerves
- ▶ A common misconception is that chiropractors only work on the spine - we are able to address issues anywhere in the body!

Meet Dr. Cutitta



Dr. Cutitta has been practicing chiropractic care since 2004. After seeing how chiropractic care helped his parents, he wanted to provide the same care to his own patients. He is committed to

providing excellent care and helping his patients achieve optimal health and well-being.

Through years of experience, Dr. Cutitta can pinpoint the source of a patient’s pain. “We can pretty much treat every joint in the body - head to toe”. Though his primary complaints are headaches and backaches, Cutitta Chiropractic has treated patients with injuries and pain in all areas of the body.

Our office

In addition to providing excellent care, our office is dedicated to helping in the local community. Through continued community outreach, including lectures, pamper events and fundraising opportunities, he tries to give back as much as he receives.

If you have any questions for our office, don’t hesitate to ask us! We always want to keep communication open between ourselves and our patients, and genuinely care about every question we receive