

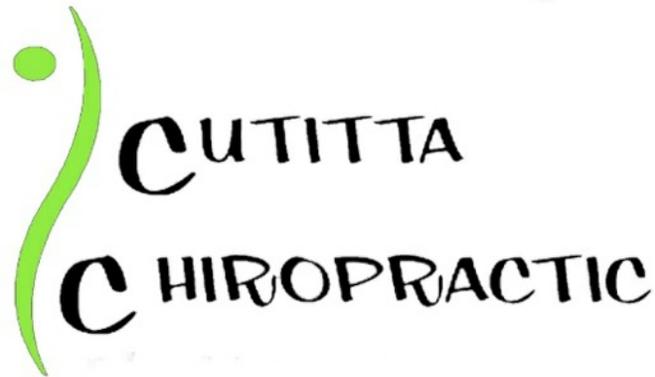
**SUFFERING**  
**with Shoulder Pain?**  
**How can we help?**

**1 Free Chiropractic Consultation**  
**1 Free Report of Findings**  
And when you come in for those visits get  
**1 FREE 30 Minute Massage!**

New patients only. This certificate may be used for bodyworks sampler only and is not redeemable for cash. All Medicare Rules apply.

Complimentary consultation is for a pre-acceptance interview only, and does not cover any chiropractic services or procedures. Free Massage gift card will be issued on the Report of Findings visit and will be valid for 1 year following your report off findings. Cutitta Chiropractic reserves the right to change the contents or expiration date of this promotion at any time without notice. Transferable with recipients permission only.

Contact the office today to  
make your appointment!  
See inside for savings!



**412.325.4100**

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**How we help:**  
**Shoulder Pain**



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## Focus on Shoulder Pain:

Shoulder pain has a wide range of causes. Each type of shoulder injury has it's own treatment, so it is important for our office to determine how you injured your shoulder and what is causing your pain. Common causes include:

- ▶ Direct injury (Injured during an activity like a sport, or during a fall)
- ▶ Repetitive use injury (Regular use of the joint during sports, daily activities or hobbies injures the joint over time)
- ▶ Referred pain (Some internal organ injuries or injuries to other areas of the body can present as pain in the shoulder joint!)

Because determining the correct cause of your pain is so important, we may send you out to receive an MRI or X-ray of the area to ensure we are correctly treating the injury.

## Who should come see us for Shoulder pain?

- ▶ Anyone who has shoulder pain persisting beyond a few days or reoccurs frequently (even if it seems to "fix itself")
- ▶ Anyone with inability to carry objects or use their arm
- ▶ Anyone that gets shoulder pain during the night or while resting
- ▶ Anyone with an injury that caused deformity of the joint, swelling or bruising, or has an inability to raise their arm

## How we help:

### Why Chiropractic care?

- ▶ Because the shoulder is a complicated joint, you want a doctor that is trained to look for multiple potential causes of your pain.
- ▶ Medical doctors usually only look at the symptoms and prescribe medications to treat those symptoms rather than addressing the underlying condition
- ▶ Most prescription pain medications are dangerous and become less effective at reducing pain as time progresses
  - ▶ Chiropractic care will address the underlying conditions rather than just the symptoms.

### What will happen during your visit:

- ▶ A physical inspection of the Shoulder and body system that surrounds it (Neck, upper back back, & arms)
- ▶ A Medical History will be taken
- ▶ We will create a treatment plan to address your specific concerns and causes of your pain

### Treatments we can use:

- ▶ Chiropractic Adjustments to align low back and hips to correct posture and body mechanics
- ▶ Physical Therapy
- ▶ Massage Therapy
- ▶ Ultrasound or E-stim to reduce inflammation and pain



## Meet Dr. Cutitta

Dr. Cutitta has been practicing chiropractic care since 2004. After seeing how chiropractic care helped his parents, he wanted to provide the same care to his own patients. He is committed to providing excellent care and helping his patients achieve optimal health and well-being.

Through years of experience, Dr. Cutitta can pinpoint the source of a patient's pain. "We can pretty much treat every joint in the body - head to toe". Though his primary complaints are headaches and backaches, Cutitta Chiropractic has treated patients with injuries and pain in all areas of the body.

## Our office

In addition to providing excellent care, our office is dedicated to helping in the local community. Through continued community outreach, including lectures, pamper events and fundraising opportunities, he tries to give back as much as he receives.

If you have any questions for our office, don't hesitate to ask us! We always wants to keep communication open between ourselves and our patients, and genuinely care about every question we receive