

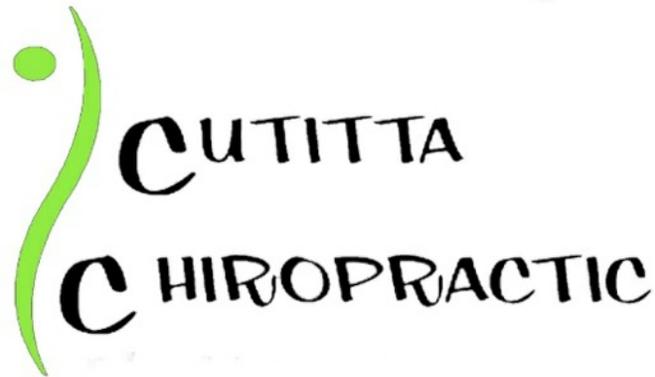
SUFFERING
with Hip Pain?
How can we help?

1 Free Chiropractic Consultation
1 Free Report of Findings
And when you come in for those visits get
1 FREE 30 Minute Massage!

New patients only. This certificate may be used for bodyworks sampler only and is not redeemable for cash. All Medicare Rules apply.

Complimentary consultation is for a pre-acceptance interview only, and does not cover any chiropractic services or procedures. Free Massage gift card will be issued on the Report of Findings visit and will be valid for 1 year following your report off findings. Cutitta Chiropractic reserves the right to change the contents or expiration date of this promotion at any time without notice. Transferable with recipients permission only.

Contact the office today to
make your appointment!
See inside for savings!



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How we help:
Hip Pain



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Focus on Hip Pain:

Hip pain has a wide range of causes. Each type of hip injury has its own treatment, so it is important for our office to determine how you injured your hips and what is causing your pain. Common causes include:

- ▶ Direct injury (Injured during an activity like a sport, or during a fall)
- ▶ Repetitive use injury (Because the hips are the support structure for all movement, sports or day-to-day wear and tear can cause pain)
- ▶ Referred pain (For example, the sciatic nerve may be constricted anywhere along its length and present as pain within the hip)

Because determining the correct cause of your pain is so important, we may send you out to receive an MRI or X-ray of the area to ensure we are correctly treating the injury.

A special note about sciatic pain:

- ▶ The Sciatic nerve runs from your lower back through your buttocks into your leg. It is the longest, widest nerve in your body,!
- ▶ The term “Sciatica” or “Sciatic Pain” is a diagnosis of the symptoms of a constriction, irritation, or damage to the nerve, not the cause of the symptoms.
- ▶ Sciatica can present as pain, dull tingling, persistent ache, shooting pains, or even “pins and needles” type tingling in the feet and toes.
- ▶ Pain usually begins slowly and worsens over time
- ▶ Sciatic pain responds well to conservative treatments like Chiropractic and rarely needs surgical intervention.

How we help:

Why Chiropractic care?

- ▶ Because the hips are the support structure for your body, you want a doctor that is trained to look for multiple potential causes of your pain.
- ▶ Standard medical doctors usually only look at the symptoms and prescribe medications or shots to treat those symptoms rather than addressing the underlying condition
- ▶ Most prescription pain medications & shots are dangerous and become less effective at reducing pain as time progresses
- ▶ Chiropractic care will address the underlying conditions rather than just the symptoms.

What will happen during your visit:

- ▶ A physical inspection of the hip and body system that surrounds it (knees, low back, pelvis & feet)
- ▶ A Medical History will be taken
- ▶ We will create a treatment plan to address your specific concerns and causes of your pain

Treatments we can use:

- ▶ Chiropractic Adjustments to align low back and hips to correct posture and body mechanics
- ▶ Physical Therapy
- ▶ Massage Therapy
- ▶ Ultrasound or E-stim to reduce inflammation and pain

Meet Dr. Cutitta



Dr. Cutitta has been practicing chiropractic care since 2004. After seeing how chiropractic care helped his parents, he wanted to provide the same care to his own patients. He is committed to providing excellent care and helping his patients achieve optimal health and well-being.

Through years of experience, Dr. Cutitta can pinpoint the source of a patient's pain. “We can pretty much treat every joint in the body - head to toe”. Though his primary complaints are headaches and backaches, Cutitta Chiropractic has treated patients with injuries and pain in all areas of the body.

Our office

In addition to providing excellent care, our office is dedicated to helping in the local community. Through continued community outreach, including lectures, pamper events and fundraising opportunities, he tries to give back as much as he receives.

If you have any questions for our office, don't hesitate to ask us! We always want to keep communication open between ourselves and our patients, and genuinely care about every question we receive